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Verbal abuse over an extended period of time can leave marks on the heart and soul for a lifetime.

Imagine what people would look like if the damage of verbal abuse left visible scars. Many of us would stay home in fear of what people would say. What does the Bible say about verbal abuse?

Verbal Abusers are Murderers

""You have heard that it was said to those of old, 'You shall not murder, and whoever murders will be in danger of the judgment. ... whoever says to his brother, 'Raca!' shall be in danger of the council. But whoever says, 'You fool!' shall be in danger of hell fire."

Matthew 5:21-22 NKJV

You see verbal abuse .. calling somebody stupid or worse .. is similar to killing a person. That is how destructive verbal abuse is. It is similar to committing a murder.

Verbal abusers are liars

"Not a word from their mouth can be trusted; their heart is filled with malice. Their throat is an open grave; with their tongues they tell lies"

Psalm 5:9 NIV

A verbal abuser says things that are not true. Really a lier. Verbal abuse is different from constructive criticism as it destroys the spirit with lies instead of building up. We must always compare God's word with what people say.

Verbal abusers are Unwise people

"The words of his mouth are wickedness and deceit; He has ceased to be wise and to do good." Psalm 36:3 NKJV.

Verbal abusers speak foolishly without wisdom. Many of them are deceived into thinking that they are helping others when in fact they are tearing people down. Their lack of wisdom keeps them from doing good for others.

Verbal abusers are used by the Devil

Keep your heart with all diligence, For out of it spring the issues of life. Put away from you a deceitful mouth, And put perverse lips far from you. Proverbs 4:23-24

Satan uses verbal abuse to distract believers from their God-given purpose. He plants the seed of being worthless into our hearts and minds if we don't know God's word. Those who are verbally abusive are being used by the devil to accomplish his evil plans.

Verbal abusers are Wicked

The mouth of the righteous is a well of life, But violence covers the mouth of the wicked. Proverbs 10:11 NKJV

It often happens that people who are verbally abusive become physically abusive too. It's difficult for them to keep the abuse to just words. The violence of verbal abuse can bring painful memories that will never leave.

Verbal abusers are sick in their heart

- 11 Not what goes into the mouth defiles a man; but what comes out of the mouth, this defiles a man.
 - 18 But those things which proceed out of the mouth come from the heart, and they defile a man.

 Matthew 15:11 / 18 NKJV

The verbal abuser is sick in their heart and it shows in the things they say. It reveals itself through abusive language.

Verbal abuse grieves the Holy Spirit

29 Let no corrupt word proceed out of your mouth, but what is good for necessary edification, that it may impart grace to the hearers. 30 And do not grieve the Holy Spirit of God, by whom you were sealed for the day of redemption.

Ephesians 4:29-30 NKJV

All believers in Jesus Christ have the Holy Spirit. It is the Holy Spirit that gives us wisdom, grace, and direction. However, if we grieve the Holy Spirit with our abusive language .. do you think it will have consequences on us hearing the voice of God?

Please know that there is hope, healing and forgiveness for everyone.

There is hope for the verbally abusive person. When a person repents from the heart, a verbal abuser can receive forgiveness and be cleansed from their wicked language. When the Lord changes the heart, the fruit of the Spirit (Gal. 5:22) will become more evident and the person will start speaking more kindly, gently, and lovingly.

The same applies to those who've been verbally abused over long periods of time.

God has given us his Word, that we can memorize to get the correct understanding of who we are in Christ. Through forgiveness God's healing power will restore every person of all the lies, pains and hurts that these negative words have caused.

Remember, whether we are victims or verbally abusive, there is hope and healing for everyone.

God never rejects a person and never speaks abusively to His children. The only language He speaks is the one of love.

Hope this was helpful.

For comments, questions or suggestions please contact me at info@ttnministry.com or www.teachingthenations.com

Love to hear from you.

God bless!!

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