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What is the definition of addiction ...

Addiction is the **repeated** involvement with a substance or activity, despite the substantial **harm** it now causes, because that involvement was (and may continue to be) pleasurable and/or valuable.

Something becomes an addiction when you are not able to control it anymore. It becomes excessive .. more than you need.

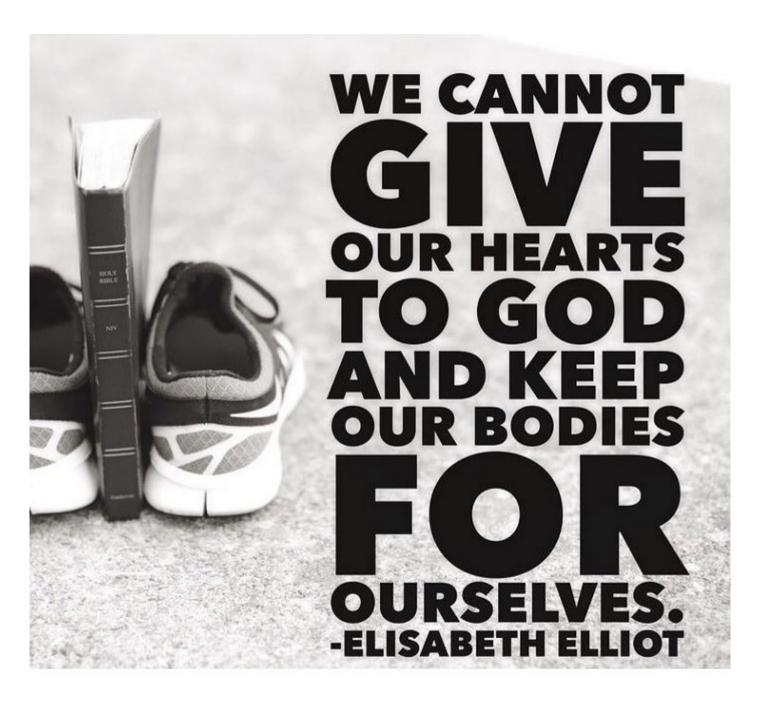
A person without self-control is like a city with broken-down walls. Proverbs 25:28 NLT

You see if a person has no self control anymore they are doomed for destruction .. it is like a city without walls .. if a city has no walls it means that it is only a matter of time and their enemy will come to kill, steal and destroy (John 10:10)

22 But the fruit of the Spirit is love, joy, peace, longsuffering, kindness, goodness, faithfulness, 23 gentleness, self-control. Against such there is no law.

Galatians 5:22-23 NKJV

Part of the fruit of the Spirit is self-control. So lack of self control is very fleshly which the bible condemns and considers to be a sin.



What is the difference between an Alcoholic and a Foodaholic?

To be honest .. there is no difference. Both are wrong and need to be repented of.

We all know and are aware that being an alcoholic is a problem .. but overeating is just as bad ..

If you are overweight and have a habit of overeating .. take action today and start taking control of your life!! Don't let the enemy steal, kill and destroy in your life. (John 10:10)

Repent, and ask God to set you free from this addiction. You will need God's grace to get you back on track again, so you can pursue your God given calling.

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God created it ..

Jesus died for it ..

The Spirit lives in it ..

I'd better take care of it [] []

--Pastor Rick Warren
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Foodaholic

Hope this was helpful.

For comments, questions or suggestions please contact me at www.teachingthenations.com or email me info@ttnministry.com

Love to hear from you.

God bless!!

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